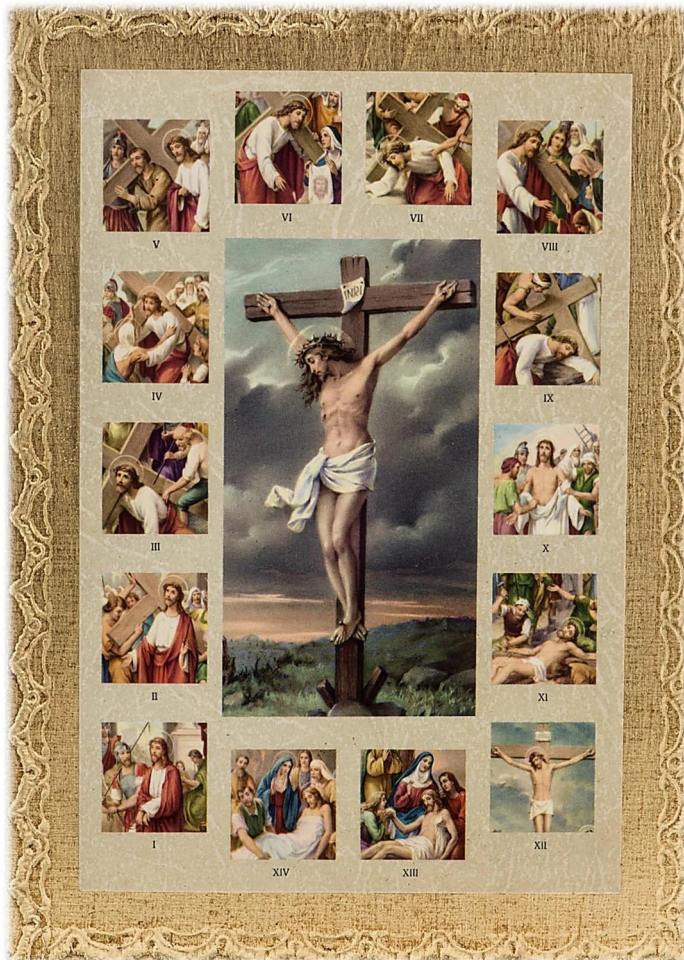


The Way of The Cross Via Crucis



IMMACULATE CONCEPTION CHAPEL

Lot D2-21 & D2-23, 2nd Floor, Block D,
Suria Inanam Commercial Center,
Jalan Tuaran Bypass, 88450 Inanam, Sabah.
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THE WAY OF THE CROSS

The Way of the Cross is a very pleasing devotion to the Heart of Jesus, Whom we accompany on the road to Calvary and during His death upon the Cross. This practice is very sanctifying and salutary for those who mediate on the Passion and it is very powerful to deliver souls from Purgatory. A plenary indulgence is granted for this exercise under the usual Conditions.

No special prayers are stipulated for the Way of the Cross. It is sufficient to move from station to station contemplating each of these mysteries of the Passion. The following formula may be used, or another, adding sometimes a *Pater*, an *Ave*, and a *Gloria Patri* to the prayers of each station, to make it more solemn.

PREPARATORY PRAYER

(Kneel) My Lord Jesus Christ, Thou hast made this journey to die for me with love unutterable, and I have so many times unworthy abandoned Thee, but now I love Thee with my whole heart, and because I love Thee, I repent sincerely for having ever offended Thee.

Pardon me, My God, and permit me to accompany Thee on this journey. Thou goest to die for love of me. I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

*At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.*

*STABAT MATER, dolorosa,
Juxta crucem lacrymosa,
Dum pendebat Filius.*

Station I: Jesus Is Condemned to Death



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the Cross.

All (kneel): **My adorable Jesus, It was not Pilate, no, it was my sins that condemned Thee to die. I beseech Thee, by the merits of this sorrowful journey, to assist my soul in its journey towards eternity. I love Thee, my beloved Jesus, I love Thee more than myself. I repent with my whole heart for having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscent in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Cujus ánman geméntem,
Constristatam et doléntem,
Pertransivit gládius.*

*Through her heart, His sorrow sharing,
All His bitter anguish bearing,
Now at length the sword had pass'd.*

Station II: Jesus Receives His Cross



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how Jesus, in making this journey with the Cross on His shoulders thought of us, and for us offered to His Father, the death He was about to undergo.

All (kneel): **My most beloved Jesus, I embrace all the tribulations Thou hast destined for me until death. I beseech Thee, by the merits of the pain Thou didst suffer in carrying Thy Cross, to give me the necessary help to carry mine with perfect patience and resignation. I love Thee, Jesus my love; I repent of having offended Thee. Never permit me to separate myself from Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiescant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*O quam tristis et afflictia
Fuit illa benedicta
Mater Unigéniti!*

*Oh, how sad and sore distress'd
was that Mother highly blest
of the sole-begotten One!*

Station III: Jesus Falls the First Time



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider this first fall of Jesus under His Cross, His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that He could scarcely walk, and yet He had to carry this great load upon His shoulders. The soldiers struck Him rudely, and thus He fell several times in His journey.

All (kneel): **My beloved Jesus, it is not the weight of the Cross, but my sins, which have made Thee suffer so much pain. Ah, by the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love Thee, O my Jesus, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscant in páce.*

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Quae maerébat, et dolébat,
Pia Mater, dum vidébat,
Nati poenas íncliti.*

*Christ above in torment hangs;
She beneath beholds the
pangs of her dying glorious Son.*

Station IV: Jesus Meets His Sorrowful Mother



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider the meeting of the Son and the Mother, which took place on this journey; Jesus and Mary looked at each other, and their looks became as so many arrows to wound those hearts which loved each other so tenderly.

All (kneel): **My most loving Jesus, by the sorrow Thou didst experience in this meeting, grant me the grace of a truly devoted love for Thy most holy Mother. And thou, my Queen, who was overwhelmed with sorrow, obtain for me by thy intercession a continual and tender remembrance of the Passion of thy Son. I love Thee, Jesus my love; I repent of ever having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiescant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Quis est homo, qui non fleret,
Matrem Christi si vidéret
in tanto supplicio?*

*Is there one who would not weep,
Whelm'd in miseries so deep,
Christ's dear Mother to behold?*

Station V: Simon Helps Jesus Carry the Cross



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how the Jews, seeing that at each step Jesus, from weakness, was on the point of expiring, and fearing that He would die on the way, when they wished Him to die the ignominious death of the Cross, constrained Simon the Cyrenian to carry the Cross behind our Lord.

All (kneel): **My most sweet Jesus, I will not refuse the Cross, as the Cyrenian did; I accept it, I embrace it. I accept in particular the death Thou hast destined for me, with all the pains that may accompany it; I unite it to Thy death, I offer it to Thee. Thou hast died for love of me; I will die for love of Thee, and to please Thee. Help me by Thy grace. I love Thee Jesus my love; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Míserére nóstri, Dómine.*

R: ***Míserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Míserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Quis non posset contristári,
Christi Matrem contemplári
Doléntem cum Fílio?*

*Can the human heart refrain
from partaking in her pain,
In that Mother's pain untold?*

Station VI: St. Veronica Wipes the Face of Jesus



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how the holy woman named Veronica, seeing Jesus so afflicted, and His face bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His holy countenance.

All (kneel): **My most beloved Jesus, Thy face was beautiful before, but in this journey it has lost all its beauty, and wounds and blood have disfigured it. Alas, my soul also was once beautiful, when it received Thy grace in Baptism; but I have disfigured it since, by my sins; Thou alone, my Redeemer, canst restore it to its former beauty. Do this by Thy Passion, O Jesus. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Míserére nóstri, Dómine.*

R: ***Míserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Míserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Pro peccátis suae gentis
Vidit Jesum in torméntis
Et flagéllis súbditum*

*Bruis'd, derided, curs'd, defil'd,
She beheld her tender child:
All with bloody scourges rent.*

Station VII: Jesus Falls the Second Time



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider the second fall of Jesus under the Cross, a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.

All (kneel): **My most gentle Jesus, how many times Thou hast pardoned me, and how many times have I fallen again, and begun again to offend Thee! Oh, by the merits of this new fall, give me the necessary help to persevere in Thy grace until death. Grant that, in all temptations which assail me, I may always commend myself to Thee. I love Thee, Jesus my love, with my whole heart; repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiescant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Vidit suum dulcem natum,
Moriéndo desolátum,
Dum emísit spíritum.*

*For the sins of His own nation,
Saw Him hang in desolation,
Till His Spirit forth He sent.*

Station VIII: Jesus Consoles the Women of Jerusalem



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how those women wept with compassion at seeing Jesus in such a pitiable state, streaming with blood, as He walked along. But Jesus said to them: **Weep not for Me, but for yourselves and for your children.**

All (kneel): **My Jesus, laden with sorrows, I weep for the offences I have committed against Thee, because of the pains they have deserved, and still more because of the displeasure they have caused Thee, Who hast loved me so much. It is Thy love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love Thee more than myself. I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiescant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Eia, Mater, fons amóris,
Me sentíre vim dolóris
Fac ut tecum lúgeam.*

*O thou Mother, fount of love!
Touch my spirit from above;
Make me heart with thine accord.*

Station IX: Jesus Falls the Third Time



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners excessive, who tried to hasten His steps, when He had scarcely strength to move.

All (kneel): **Ah, my outraged Jesus, by the merits of the weakness Thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect, and all my wicked passions, which Have led me to despise Thy friendship. I love thee, Jesus my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiescant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

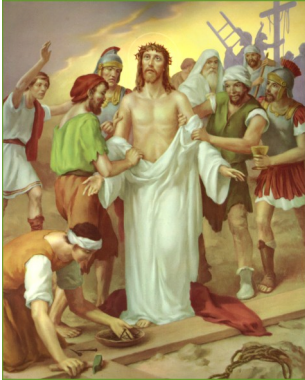
R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Fac ut árdeat cor meum
in amándo Christum Deum,
ut sibi compláceam.*

*Make me feel as Thou hast felt;
Make my soul to glow and melt,
With the love of Christ, Our Lord.*

Station X: Jesus Is Stripped of His Garments



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh, and they dragged them off so roughly that the skin came with them. Compassionate your Saviour thus cruelly treated, and say to Him:

All (kneel): **My innocent Jesus, by the merits of the torment Thou hast felt, help me to strip myself of all affection to things of earth, in order that I may place all my love in Thee, Who art so worthy of my love. I love thee, Jesus my love, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again, Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscent in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Sancta mater, istud agas,
Crucifixi fíge plagas
cordi meo válide.*

*Holy Mother, pierce me through;
In my heart each wound renew of
my Saviour crucified.*

Station XI: Jesus Is Nailed to the Cross



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how Jesus, after being thrown on the Cross extended His hands, and offered to His Eternal Father the sacrifice of His death for our salvation. These barbarians fastened Him with nails, and then, raising the Cross, allowed Him to die with anguish on this infamous gibbet.

All (kneel): **My Jesus! Loaded with contempt, nail my heart to Thy feet, that it may ever remain there, to love Thee, and never quit Thee again. I love thee more than myself; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiéscent in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Tui nati vulneráti,
Tam dignáti pro me pati
Poenas mecum dívide.*

*Let me share with Thee His pain,
Who for all my sins was slain,
Who for me in torments died.*

Station XII: Jesus Dies Upon the Cross



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how Thy Jesus, after three hours agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head, and dies.

All (kneel): **O My dying Jesus, I kiss devoutly the Cross on which Thou didst die for love of me. I have merited by my sins to die a miserable death; but Thy death is my hope. Ah, by the merits of Thy death, give me grace to die, embracing Thy feet, and burning with love for Thee. I yield my soul into Thy hands. I love thee, with my whole heart; I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiáscant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Fac me tecum pie flere,
Crucifixo condolere
Donec ego vixero.*

*Let me mingle tears with Thee,
mourning Him who mourn'd for me,
all the days that I may live.*

Station XIII: Jesus Is Taken Down from the Cross



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how, after the death of our Lord, two of His disciples, Joseph and Nicodemus, took him down from the Cross, and placed Him in the arms of His afflicted Mother, who received Him with unutterable tenderness, and pressed Him to her bosom.

All (kneel): **O Mother of sorrow, for the love of thy Son, accept me for thy servant, and pray to Him for me. And Thou, my Redeemer, since Thou hast died for me, permit me to love Thee; for I wish but Thee, and nothing more. I love thee, my Jesus, and I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Miserére nóstri, Dómine.*

R: ***Miserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiáscant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Miserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Juxta cruce[m] tecum stare,
et me tibi sociáre
in planctu desídero,*

*By the cross with thee to stay,
There with Thee to weep and pray,
Is all I ask of Thee to give.*

Station XIV: Jesus Is Laid in the Sepulchre



V: *Adorámus te, Chríste, et benedícimus tibi
(genuflecte)*

R: ***Quia per sanctam crúcem tuam, redemísti
múndum.***

V: We adore Thee, O Christ and we bless Thee
(genuflect)

R: **Because by Thy holy Cross, Thou hast
redeemed the world.**

Priest (stand): Consider how the disciples carried the Body of Jesus to bury It, accompanied by His Holy Mother, who arranged It in the sepulchre with her own hands. They then closed the tomb, and all withdrew.

All (kneel): **My buried Jesus, I kiss the stone that enclosed Thee. But Thou didst rise again the third day. I beseech Thee, by Thy resurrection, make me rise glorious with Thee at the last day, to be always united with Thee in heaven, to praise Thee and love Thee forever. I love thee, and I repent of having offended Thee. Never permit me to offend Thee again. Grant that I may love Thee always; and then do with me what Thou wilt.**

V: *Míserére nóstri, Dómine.*

R: ***Míserére nóstri***

V: *Fidélium ánimæ per misericórdiam
Dei, requiáscant in páce.*

R: ***Ámen***

V: *Dómine Jesu, Crúcifixe.*

R: ***Míserére nóstri***

V: Have mercy on us, O Lord.

R: **Have mercy on us.**

V: May the souls of the faithful departed, through the mercy of God, rest in peace.

R: **Amen**

V: Lord Jesus, Crucified.

R: **Have mercy on us.**

Optional: 1x *Pater Noster*, 1x *Ave Maria*, 1x *Gloria Patri*

*Virgo vírginum praeclára,
Mihi jam non sis amára
Fac me tecum plángere.*

*Virgin of all virgins blest,
Listen to my fond request
Let me share thy grief divine.*

Then may be said 5 Pater, 5 Ave and 5 Gloria Patri in honour of the Passion. The Stabat may be continued:

*Fac ut portem Christi mortem,
Passionis fac consortem
Et plagas recolere*

*Fac me plagis vulnerari
Fac me cruce inebriari,
Et cruore Filii*

*Flammis ne urar succensus,
Per te, Virgo, sim defensus
In die iudicii,*

*Christe, cum sit hinc exire,
Da per Matrem me venire
Ad palmam victoriae.*

*Quando corpus moretur,
Fac ut animae donetur
Paradisi gloria.
Amen*

Let me, to my latest breath,
In my body bear the death
Of that dying Son of thine.

Wounded with His every wound,
Steep my soul till it hath swoon'd
In His very bloody away.

Be to me, O Virgin, nigh,
Lest in flames I burn and die
In His awful Judgement day.

Christ, when Thou shalt call me hence,
Be Thy Mother my defence,
Be Thy Cross my victory,

While my body here decays,
May my soul Thy goodness praise,
Safe in Paradise with Thee,
Amen.

PARTIAL INDULGENCE

Making the Way of the Cross carries with it a partial **indulgence** under the usual conditions by the following norms, in addition to the usual conditions:

- 1) The pious exercise must be made before stations of the Way of the Cross legitimately erected.
- 2) For the erection of the Way of the Cross fourteen crosses are required, to which it is customary to add fourteen pictures or images, which represent the stations of Jerusalem.
- 3) According to the more common practice, the pious exercise consists of fourteen pious readings, to which some vocal prayers are added. However, nothing more is required than a pious meditation on the Passion and Death of the Lord, which need not be a particular consideration of the individual mysteries of the stations.
- 4) A movement from one station to the next is required. But if the pious exercise is made publicly and if it is not possible for all taking part to go in an orderly way from station to station, it suffices if at least the one conducting the exercise goes from station to station, the others remaining in their place.

FINAL PRAYER

O God who for the world's redemption was pleased to be born, circumcised, rejected by the Jews, betrayed by the kiss of the traitor Judas, bound with chains, led like an innocent lamb to sacrifice, and shamefully presented before Annas, Caiphas, Pilate, and Herod, accused by false witnesses, beaten with whips, buffeted, insulted, spat upon, crowned with thorns, smitten with a reed, blindfolded, stripped of Thy garments, fastened with nails to the Cross and lifted high, reputed among thieves and made to drink vinegar, and wounded with a lance.

O by these most sacred sufferings which unworthy as I am, I thus commemorate, and by Thy Holy Cross and death deliver me Lord from the pains of hell and deign to lead me where Thou didst lead the penitent thief who was crucified by Thy side; Thou, Who, with the Father and the Holy Ghost livest and reignest world without end. Amen.

ALTERNATE MARIAN FINAL PRAYER

V. Pray for us, O Virgin most Sorrowful

R. That we may be made worthy of the promises of Christ.

Let us pray.

Grant, we beseech Thee, O Lord Jesus Christ, that the most Blessed Virgin Mary, Thy Mother, through whose most holy soul, in the hour of Thine own Passion, the sword of sorrow passed, may intercede for us before the throne of Thy mercy, now and at the hour of our death. Through Thee, Jesus Christ, Saviour of the world, who livest and reignest with the Father and the Holy Ghost, now and forever. Amen.

V. Ora pro nobis, Vírgo dolórisissima.

R. Ut digni efficiámur promissionibus Christi.

Orémus.

Intervéniat pro nobis, quaesumus, Dómine Jesu Christe, nunc et in hora mortis nóstræ, apud tuam cleméntiam, beata Virgo María Mater tua, cujus sacratíssimam ánimam, in horá túæ passiónis dolóris gládius pértransívit. Per te, Jesu Christe, Salvatór mundi, qui cum Patre et Spíritu Sancto vivis et regnas, per omnia saécula saeculórum. Ámen.

A Pater and Ave may be recited for the intentions of the Sovereign Pontiff to gain plenary indulgence attached to this exercise.

OUR FATHER

(The Lord's Prayer)

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. *Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; And lead us not into temptation, but deliver us from evil. Amen.*

HAIL MARY

(Angelic Salutation)

Hail Mary, full of grace, the Lord is with thee. Blessed art Thou amongst women, and blessed is the fruit of Thy womb, Jesus. *Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.*

GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Ghost. *As it was in the beginning is now and ever shall be, world without end. Amen.*

PATER NOSTER

(Oratio Dominica)

Páter nóster, qui es in cáelis, sanctificétur nómen túum. Advéniat régnum túum. Fíat volúntas túa, sícut in cáelo et in térra. *Pánem nóstrum quotidiánum da nóbis hódie, et dimítte nóbis débíta nóstra, sícut et nos dimíttimus debitóribus nóstris. Et ne nos indúcas in tentatiónem: sed líbera nos a málo. Amen.*

AVE MARIA

(Salutatio Angelica)

Áve María, grátia pléna, Dóminus técum; benedícta tu in muliéribus, et benedíctus frúctus véntris túi, Jésus. *Sáncta María, Máter Déi, óra pro nóbis peccatóribus, nunc et in hóra mórtis nóstræ. Amen.*

GLORIA PATRI

Glória Pátri, et Fílio, et Spíritui Sáncto. *Sícut érat in princípío et nunc et sémpet et in sáecula sáeculórum. Amen.*